



Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

NINETEENTH SUNDAY IN ORDINARY TIME - YEAR B

Vol 4 : No 38

KANGAROO ISLAND CATHOLIC PARISH

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NOARLUNGA DOWNS CATHOLIC PRESBYTERY

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PARISH TEAM CONTACTS

Fr Charles Gauci (Parish Priest -
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PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

PARISH NEWSLETTER

Mrs Annette Roestenburg
(8553 8281; rostie2@bigpond.com)
(All items for the newsletter must be
received no later than Wednesday
evening.)

MASS CENTRES

- KINGSCOTE: Our Lady of Perpetual Help, Cnr Giles and Todd Streets
Sunday - 9.30am
- PARNDANA: Uniting Church, Cook Street
4th Sunday - 4.00pm
- PENNESHAW: St Columba's Anglican Church, Cnr North Terrace and Fourth Street
1st Sunday - 2.00pm

SPONSORSHIP

KANGAROO ISLAND
TRANSFERS (0427 887 575)
generously donate transport for our
visiting Priests.

CHILD PROTECTION UNIT

Maree Cutler-Naroba (Manager)
Phone: 8210 8268

FIRST READING

1 Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

RESPONSORIAL PSALM

Taste and see the goodness of the Lord.

SECOND READING

Ephesians 4:30 - 5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

*I am the living bread from heaven,
says the Lord; whoever eats this
bread will live for ever.*



GOSPEL

John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day.

It is written in the prophets: *They will all be taught by God*, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life.

'I am the bread of life.

Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven.

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Prayers for the sick

Please pray for Nari Clifford, Clarence Cook, Manning Depold, Thea Depold, Pam Elliott, Tony Fisher, Veronica Farnden, Sue and Charles Gorman, Val Lockett, Leigh and Phillip McDonald, Kate Palmer, Jack Pitcher, Anne Redden, Bill Roestenburg, John Smith, Greg Turner, Karen Williams, Ken Willson, Margaret & Harry Rich

May they know the healing love of Christ through our actions and His healing presence.

AUGUST ANNIVERSARIES

Mary Banner, Joyce Bowbridge, Steven Browne, Terence Browne, David Buick, Irene Darcy, Don Christie, John Commerford, David Cooper, Allan Forst, Paul Glynn Jr, Henry Hughes, Annemie Huys, Mary Kildea, Daniel Lydon, Dot May, John Mertens, Rebecca Murch, Lorna Murphy, Winifred O'Daly, Joseph Ryan, Chris Slattery, Florence Tabor, Bracken Walker, Bill Willson, Owen Willson and all the faithful departed.

SYMBOLS AND IMAGES

Bread or, more specifically, food is vital for humans to live.

Jesus presents himself as the true food, the source of life for all those who believe.

MAKING CONNECTIONS

Do some extra spiritual or religious reading this week to help you hear the teaching of the Father' and come closer to Jesus.

PARISH NOTICES –09/08/2015

1. Thank you to Fr Sam for celebrating Mass with us today

2. Next Sunday there will be Liturgy of the Word with Holy Communion

3. Digital Projector Appeal

Please consider making a one-off donation to help the parish purchase and set up a new digital projection system. Envelopes are available at the back of the Church.

4. EXPO - Renewing the Church together -

We on KI will canvas the Parish to see who will be attending after you have had a week or two to check with your diaries etc. A car service is being provided to get to Seaford from Cape Jervis.

See notice attached for details of **EXPO**

5. Father's Day Raffle

The Youth are running this Raffle in aid of trip to Brisbane for the Youth Gathering this Year

Please support this raffle with your donation of a prize and by buying a ticket or two





Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.

AN OBITUARY FOR A SUICIDE

The more things change, the more they stay the same. That axiom still holds true for our understanding of suicide. Despite all the advances in our understanding, there are still a number of stigmas around suicide, one of which pertains to how we write the obituary of a loved one who dies in this way. In writing an obituary we still cannot bring ourselves to write the word, suicide: *He died by his own hand.* We still turn to euphemisms: *He died expectantly. Her sudden death brings great sadness.*

Suicide, in many cases, perhaps in most cases, is the result of a disease, the emotional and psychological equivalent of cancer, stroke, or heart attack. If that is true, and it is, why then, when I loved one dies of suicide, might we not write this kind of an obituary?

We are sad to report the death of JD who died after a long and courageous struggle with emotional cancer. Jane, as you know, was born into this world with a tortured sensitivity, a gift and an affliction she grappled with from her earliest youth. She found comfort and peace at times, but was never able to fully extricate herself from some inner chaos which was always partially hidden to those around her and which medicine could not cure, counsellors could not quiet, and our affection and solicitousness could not adequately soothe. In the end, despite her courage and our best efforts to help her, the disease was incurable. Her temperament was both her blessing and her curse. She was a gentle person, not given to ego and unhealthy self-assertion, always overly-anxious not to hurt others or to claim too much space for herself. But her self-effacement was part of her disease as well. No amount of encouragement was able to ultimately take away this inchoate

constriction that somehow deprived her of her full freedom. In the end, she died, against her will; but her life, lived with such sensitivity, was a precious gift to all who knew her, even as it sometimes brought anxiety and heartbreak to those around her. Given the sad circumstance of her death, she, with her extraordinary sensitivity, would be the last person who would want us to feel guilty and second-guess ourselves about what we might have done to help prevent her death. When a disease is terminal, all the love and concern in the world can still not bring a cure. But she died inside of our love even as we feel frustrated that our love could not do more to help her. She lives now, still, inside our love and affection, and, God-willing, inside a peace and security that so much eluded her in this life. In lieu of flowers please make donations to the Mental Health Association.

Or perhaps, in another situation, it might read like this:

We are sad to report the death of JD who died expectantly of an emotional heart attack. His death came as shock since those closest to him had no reason to suspect that he suffered from dangerously high emotional cholesterol or that he carried inside him some congenital heart disease that had not yet manifested itself clearly and had not been medically or psychologically diagnosed. In the face of this, understandably, we find ourselves questioning ourselves as to why we were not more alert or attentive to his person and his health and why we did not pick up on any symptoms manifesting themselves in his situation. Sometimes a potentially fatal disease can lurk beneath the surface and remain unobserved until it is too late. Such is the nature, often times, of deadly heart attacks and strokes. While his death leaves us

feeling raw, struggling for understanding, at loss to explain how this could happen, and needing to resist the temptation project a certain anger at him for keeping for keeping his disease so private and hidden, we can also understand that much of his disease was hidden from him too and that the anatomy of this particular kind of death has within itself a particularly pernicious pathology which demands of its victim precisely this propensity to hide what he is undergoing from those closest to him. And this asks for our understanding: Everyone's life is its own mystery, and not always open to outside understanding. Moreover, emotional heart attacks and strokes, like their biological equivalents, are not willed and claim their victim against his or her will. I was a gentle soul who wished no one any harm and tried to do no one any harm. He, no doubt, is as grieved as we are that his unwanted death has caused so much pain. But, no doubt too, he asks for our continued love and affection and, especially, for our understanding. In lieu of flowers, please make a donation to your local mental health association.

It is hard to lose loved ones to suicide, but we should not also lose the truth and warmth of their mystery and their memory.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

REGULAR MASS TIMES IN OUR CLUSTER CHURCHES

ALDINGA

Mary of Galilee, the First Disciple
cnr Quinliven and Howe Roads
Saturday 5.30pm
Tuesday 9.15am

GOOLWA

St John the Apostle, 10-14 Gardiner St
Sunday 9.00am
Wednesday 9.30am

KINGSCOTE

Our Lady of Perpetual Help,
cnr Todd and Giles Streets
Sunday 9.30am

NOARLUNGA

St Luke, the Evangelist,
cnr Honeypot Rd and Goldsmith Dve
Saturday 6.00pm
Sunday 9.00am
1st Sunday 11.00am (Spanish Mass)
2nd Sunday 2.00pm (Filipino Mass)
Sunday (Youth Mass) 5.30pm
Monday 9.00am
Tuesday 8.00am
Wednesday 7.00am
Thursday 9.00am (St John's School)
Friday 10.00am

NORMANVILLE

St Peter, Cape Jervis Road
1st, 3rd, 5th Sundays 10.30am
2nd, 4th Sundays 8.30am
1st Friday 6.00pm

PARNDANA

4th Sunday 4.00pm

PENNESHAW

St Columba, North Terrace
(shared with Anglicans)
1st Sunday 2.00pm

SEAFORD

Seaford Ecumenical Mission, Grand Bvd
Sunday 10.45am
Wednesday 9.00am

VICTOR HARBOR

St Joan of Arc, 30 Seaview Road
Saturday 6.00pm
Sunday 11.00am
Tuesday 9.00am
Thursday 9.00am
Friday (other than 1st) 9.00am
1st Friday 11.30am

WILLUNGA

St Joseph, 12 St Judes Street
1st, 3rd, 5th Sundays 8.30am
2nd, 4th Sundays 10.30am
Wednesday 9.00am
Thursday 9.00am
Friday 9.00am

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Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world."

LAUDATO SI': ON THE CARE OF OUR COMMON HOME

Pope Francis' Encyclical *Laudato Si': On the Care for Our Common Home* is a call for global action as well as an appeal for deep inner conversion. He points to numerous ways world organisations, nations and communities must move forward and the way individuals -- believers and people of good will -- should see, think, feel and act.

"Promote green construction with energy efficient homes and buildings." (Para 26, 165)

ALL ARE WELCOME TO COME TO THE TABLE

Feasting is a word that many in our world do not comprehend on a personal level. We live in a world with staggering poverty. In Philadelphia, where I live, the most recent hunger statistics state that one-in-three in my city are "food insecure or hungry." This is stunning to me. We live in a land of plenty, despite the economic downturn. We live in a world of abundance, but far too many of our brothers and sisters live without.

Looking more globally, there are places in our world where starvation and poverty are the reality for most. One-in-seven people on our planet are undernourished or hungry, according to WorldHunger.org. How do we talk about feasting in this environment?

I want to be who God calls me to be and make an impact in the world, sharing resources and offering assistance to those in need. Many will call me a socialist and deride my genuine care as a political agenda, but I believe no one should go hungry. Spiritually or physically.

I know that one of the best ways to help is to instil a sense of worth that all are welcome to come to the table -- to come to the Bread of Life. All persons deserve to receive the gift of abundant life.

The truth is, everyone -- in spite of their life circumstances -- needs to have hope. They need to see options for a better world. They need to envision a time and place when they are gifted with what God intends for them. This passage reminds me of that hope, that vision, and that gift. It brings us into deeper relationship with the one who is the Bread of Life -- the one who feeds us over and over again.

From Karyn Wiseman's article in the "Huffington Post"

THE ASSUMPTION OF THE BLESSED VIRGIN MARY

(Holy Day of Obligation)

On August 15 the Church honours Mary the Mother of Jesus who, at the moment of her death, was assumed body and soul into heaven. The assumption of Mary is seen as a divine gift given to her because she was the Mother of God preserved free from original sin. Mary participates in the resurrection of her son Jesus in a unique way. She is an example to all of us of steadfast faithfulness to the will of God.

WORDS OF WISDOM

"Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we are imperishable." (1 Corinthians 9:25)

THIS WEEK'S READINGS

(10 - 14 August)

- **Monday, 10:** St Lawrence (2 Cor 9:6-10; Jn 12:24-26)
- **Tuesday, 11:** St Clare (Deut 31:1-8; Mt 18:1-5, 10, 12-14)
- **Wednesday, 12:** Weekday, Ord Time 19 (Deut 34:1-12; Mt 18:15-20)
- **Thursday, 13:** Weekday, Ord Time 19 (Joshua 3:7-11,13-17; Mt 18:2-19:1)
- **Friday, 14:** St Maximilian Mary Kolbe (Joshua 24:1-13; Mt 19:3-12)
- **Saturday, 15:** The Assumption of the Blessed Virgin Mary (*Vigil* - 1 Chr 15:3-4, 15-16, 16:1-2; 1 Cor 15:54-57; Lk 11:27-28) (*Day* - Apoc 11:19, 12:1-6,10; 1 Cor 15:20-26; Lk 1:39-56)
- **Sunday, 16:** 20th Sunday in Ord Time (Prov 9:1-6; Eph 5:15-20; Jn 6:51-58)